Dear Friends,

Welcome to Americares India’s 2019 Annual Report. We are happy to present the achievements we have made around the country with the help of our generous donors and partners.

The past year was marked by extraordinary accomplishments:

- Eight emergency responses, in which Americares acted quickly and effectively to the devastations caused by floods and cyclones. We reached nearly 51,000 families with medical aid and relief. Staying long after the floods of 2018, Americares strengthened 66 flood affected health centres in Kerala.
- Redesigned mobile health centres offer improved privacy and comfort to the beneficiaries as they seek quality care.
- Successful pilot of ‘healthy hawker zones’ within the municipal schools in Mumbai ensures children have access to nutritious food.
- Increased access to medicine, with a remarkable Rs. 125 Mio worth of medicines and supplies through partnerships with government and local partners.
- Launched customised mobile based learning application on Infection Prevention & Control (IPC) for health workers in municipal health centres.

Generous donors of Americares make all our achievements possible. We are able to respond to more disasters, expand our health programs and save more lives because of the individuals, foundations, corporations that trust Americares to improve the lives of people across India. Selfless contributions of the dedicated and skilled team at Americares need also to be acknowledged and congratulated.

Together Americares builds health-conscious communities (the seeker) and catalyses efficient health system (the provider) to ensure bi-directional engagements to help the urban health centres thrive.

We look forward to your ongoing support and partnership to achieve our mission.

Shripad Desai
MD & Country Director

S K Mitra
Chairperson & Trustee
Who we are

Americares India Foundation is a health-focused relief and development organization that responds to people affected by urban poverty or disaster with life-changing health programs, medicine and medical supplies. Each year, Americares delivers innovative health programs and quality medical aid across India, making it India’s leading non-profit provider of donated medicine and medical supplies.

Our Programs

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<td>We help communities prepare for, respond to and recover from disasters.</td>
<td>We increase access and quality of medicine and medical supplies.</td>
<td>We design &amp; implement sustainable programs that strengthen community health.</td>
<td>We deliver quality healthcare to people who have none.</td>
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Our Strategy:

Strategic Foundation: Thriving Urban Health Centers

We believe good health is fundamental to development. With good health, people have the chance to make economic and social progress. Poor health puts all that progress in jeopardy. We also believe that the best way for Americares to contribute to improved health for people affected by urban poverty or disaster is to ensure they have access to a thriving urban health centre. So that is our strategy: to help urban health centres thrive—during times of disaster, recovery and every day—so they can help people in their communities.

Why urban health:

Rapid urbanization has outpaced the urban health infrastructure growth in India. By 2030, more than half of India’s population will be living in urban areas and of these more than 50% will be living in urban slums, where health is not a priority. Unless addressed sooner, urban health is a catastrophe waiting to happen. Urban health centres both conventional and non-conventional are key to address urban health challenge in India.

Defining local health centres

Urban health centres are the health posts, clinics and hospitals that serve as hubs of primary care and health-focused activity in a community—as well as select social service agencies and schools that provide health services. A health centre is more than a facility. It includes the health workers—from medical staff to health educators—who staff them, as well as the people and communities they serve.

Helping urban health centres thrive

Americares helps urban health centres thrive by connecting health-conscious communities (the seeker) and efficient health system (the provider) to improve the health outcomes of the urban community.

Building health conscious communities:

We work with the communities to address issues around awareness, access and WASH through preventive, promotive and curative care.

Catalysing efficient health system:

We build capacity and resilience of the health centre itself, based on World Health Organization (WHO) building blocks of strong health systems; ensure quality of care, sense of warmth, respect, compassion and dignity patients experience from a caring health centre team.

The Connection:

We connect the communities and the health system to ensure bi-directional engagement between the health centre and community and that with the larger health system for referral and support.

Thriving Urban Health Centre Strategy

- The Seeker
- The Provider
- Build Health Conscious Communities
- Catalyse Efficient Health System
- Centre Capacity building
- Resilience Support
- Community Engagement Linkages
- Connection Referral Support
- Programs
  - IM: Strengthening Access to Medicine
  - Disaster Risk Reduction
- Health Themes
  - MNCH
  - NCD
  - Infectious Diseases
  - Mental Health
- Partnerships
  - CHW: Arogya Mitra
  - NGOs & Civil Society
  - ULBs & NGOs
  - Private HCPs

**ADMIN** - 12A registration, FDA license, Mumbai office & warehouse established, FCRA registration, moved to Andheri office.


**A2M** - Program launch, Cumulative shipment worth Rs. 20 Cr., 1000 shipments, 150 partners, 24 states.

**CS** - Phase I launched at JRH Hospital, Phase II launched at KEM Hospital, Infection control manual released, 1st Mobile Health Centre (MHC) launched, Patient Record Software, 2nd MHC launched.

**CH** - Phase I School Health Program (SHP) launched, Phase I Hepatitis B program launched.

**Spirit of Humanity** launched.

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**2013**

**ADMIN** - 12,000 sq. ft. warehouse.


**A2M** - Shipment worth Rs. 35 Cr., 100+ partners, 27 states.

**CS** - 300 Thousand consultations since launch, Phase III launched in LTMMC & GH, Sion Hospital, Mumbai.

**CH** - Hepatitis B Phases II, SHP Phase II launched in 79 MCGM schools.

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**2014**

**ER** - Floods: Bihar, Odisha.

**A2M** - Cumulative shipment worth Rs. 30 Cr.

**CS** - 3 MHCs launched, 130 locations, 20 Thousand consultations.

**CH** - Hepatitis B counseling 10 Thousand women.

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**2015**

**ER** - Drought: Maharashtra. Floods: Tamil Nadu, Manipur, West Bengal.

**A2M** - Crossed landmark 1300+ shipments since 2006.

**CS** - 450 Thousand consultations on MHC since launch, Health System Strengthening project I-SPEAR launched at LTMMC & GH, Sion Hospital.

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**2016**


**A2M** - Cumulative shipments worth more than Rs. 35.5 Cr.

**CS** - MHC launched in Tamil Nadu, Over 1.7 Lac consultations on MHC, Model Ward and Mobile Learning App for HCWs.

**CH** - SHP expanded to semi-aided schools, Total 93 schools, 32 Thousand children, Protected >11 Thousand women in child-bearing age from Hepatitis B.

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**2017**


**A2M** - Crossed landmark 1300+ shipments since 2006.

**CS** - MHC launched in Tamil Nadu, Over 1.7 Lac consultations on MHC, Model Ward and Mobile Learning App for HCWs.

**CH** - SHP expanded to semi-aided schools, Total 93 schools, 32 Thousand children, Protected >11 Thousand women in child-bearing age from Hepatitis B.

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**2018**


**A2M** - Cumulative shipments worth more than Rs. 53.5 Cr.

**CS** - MHC launched in Tamil Nadu, Over 1.7 Lac consultations on MHC, Model Ward and Mobile Learning App for HCWs.

**CH** - SHP expanded to semi-aided schools, Total 93 schools, 32 Thousand children, Protected >11 Thousand women in child-bearing age from Hepatitis B.

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**2019**


**A2M** - Cumulative shipments worth more than Rs. 53.5 Cr.

**CS** - MHC launched in Tamil Nadu, Over 1.7 Lac consultations on MHC, Model Ward and Mobile Learning App for HCWs.

**CH** - SHP expanded to semi-aided schools, Total 93 schools, 32 Thousand children, Protected >11 Thousand women in child-bearing age from Hepatitis B.
In an emergency, Americares provides quality medical aid, disaster relief and recovery support. During 2018-19, we responded to India’s major disasters, including the floods in five states and cyclones in two. We restored access to health care for the flood-affected population of Rajasthan and Kerala.

“We are working with Americares for over a decade, responding to various disasters in Odisha. During Cyclone Fani, Americares was first to reach us, as always. Their timely medicinal and relief support helped us to provide care to the most affected communities.

We thank Americares.”

- Dr. Priyabrata Dhir
Chairman & Managing Director, SPARSH Hospitals & Critical Care Pvt Ltd, Odisha
Natural disasters are becoming more frequent, affecting thousands around the country and proving disastrous to human life. Americares responds to disasters and humanitarian crises, establishes long-term recovery projects and brings disaster preparedness programs to vulnerable communities by training local health care providers, addressing the health needs of the community and restoring access to care.

**PREPAREDNESS:** To reduce the impact of disasters and increase resiliency, Americares strengthened health facilities and trained health staff in Rajasthan. We expanded our roster of trained responders, prepositioned relief supplies and used those resources during multiple emergencies in 2018-19. To build the resilience in the government infrastructure in Rajasthan, post the historic floods, Americares strengthened the capacity of all government hospitals in Sirohi & Pali districts by training 400 medical officers and health facility staff on infection prevention, bio-medical waste management and other key aspects towards resilience.

**RECOVERY:** After disasters, Americares stays for as long as needed to help health systems strengthen and recover. We help local health centres to “Build Back Better”. Americares has completed restoration of two health centers in Sirohi district of Rajasthan, and upgradation of 66 ‘Primary Health Centres’ (PHCs) to ‘Family Health Centres’ (FHCs) in 8 districts of Kerala.

**MENTAL HEALTH:** Mental health and psychosocial support to deal with trauma and loss is one of the leading unmet needs post disasters. Americares builds capacity of local health workers to identify stress and trauma cases and provide referral and other interventions. We have partnered with the State Government of Kerala and NIMHANS, to facilitate long-term psychosocial recovery among flood victims by strengthening the primary healthcare and community networks in areas severely impacted by the floods. It is amongst the largest long term targeted psychosocial project considered for implementation and aims to reach out populations in more than 260 panchayats.

**Cyclone Ockhi Response**

Pramila Chand lives in Arvind Nagar slum with her family for 11 years. Before Cyclone Fani struck, she and her family were shifted to a nearby apartment. While they were spared by the raging winds, their house was completely devastated. “We were saved [during the cyclone] somehow, but the situation afterwards has become worse” said Pramila. Many other households in the slum were ravaged too.

Since then, slum residents have been trying to halt trucks and cars, in the hope of getting some relief supplies. “Every day, we see several relief trucks passing by, but not one stops for us,” said Pramila’s husband, a labourer.

With our local partner CYSD, Americares identified Pramila’s family and supported them with essential relief material such as tarpaulins, personal hygiene and cleaning items such as shampoo, soap, tooth brush, sanitary napkins, among others.

Pramila is humbled by the support which she received and is hopeful to rebuild and return to her home soon.
Emergency Response

Upgradations of PHCs in Kerala

2018-19 Emergency Response

Rajasthan
Monsoon Floods July 2017
Recovery: 2 Sub-centers
Capacity building of 400 Health Workers

Bihar
Monsoon Floods July 2019
44 Villages
3,655 Patients
710 Families

Assam
Monsoon Floods July 2019
57 Villages
7,903 Patients
610 Families

Maharashtra
Monsoon Floods August 2019
3 Districts
10,400 Patients
4,750 Families

Odisha
2019
2 Districts
5,239 Patients
13,900 Families

Karnataka
Floods August 2019
3 Districts
5,307 Patients

Tamil Nadu
2018
2 Districts
28,600 Patients
580 Families

Kerala
2018
8 Districts
8,425 Patients
30,500 Families

2019
2 Districts

4,750 Patients

Past Emergencies
2019 - Cyclone: Fani, Odisha
2018 - Cyclone: Gaja, Tamil Nadu
- Floods: Kerala & Assam
2017 - Cyclone: Ockhi, Tamil Nadu
- Floods: North-East
2016 - Drought: Maharashtra

2019
1 District
26,400 Patients
580 Families

Active Emergency
Monsoon Floods 2019
Maharashtra, Assam, Bihar, Kerala & Karnataka
Active Recovery
- Maharashtra floods 2019
- Kerala floods 2018

Active Emergencies
2019 - Floods: Tamil Nadu, Manipur, West Bengal
2015 - Earthquake: Nepal
2014 - Floods: Bihar, Kashmir Odisha
2013 - Cyclone: Phailin, Odisha

This map used is for general illustration only and are not intended to be used for reference purposes. The representation of political boundaries does not necessarily reflect the position of the Government of India on international issues of recognition, sovereignty of jurisdiction.

*As of 31st August 2019

*Emergency Response

PHC Eramallikara supported by Merck
PHC Paravossery supported by Pfizer
PHC Pothrikka supported by RIST
PHC Vareppetty supported by RIST
Amicares ER team with K K Shailaja, former Health Minister of Kerala
PHC Parampujha supported by BP & Castrol

PHC Kuzhir supported by Novartis
PHC Padiyoor supported By Novartis
PHC Faddyoor supported by Novartis

*Emergency Response

PHC Eramallikara supported by Merck
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Amicares ER team with K K Shailaja, former Health Minister of Kerala
PHC Parampujha supported by BP & Castrol

PHC Kuzhir supported by Novartis
PHC Padiyoor supported By Novartis
PHC Faddyoor supported by Novartis
Maharashtra
Floods August 2019
3 Districts
87 Villages
10,400 Patients
4,750 Families
19,000 Beneficiaries

Kerala
Floods August 2019
2 Districts
30 Villages
2,400 Patients
2,000 Families
8,000 Beneficiaries

Karnataka
Floods August 2019
3 Districts
83 Villages
5,300 Patients

Kerala
Floods September 2019
3 Districts
87 Villages
10,750 Patients
5,000 Families
20,000 Beneficiaries

Assam
Floods July 2019
2 Districts
57 Villages
7,500 Patients
690 Families
2,760 Beneficiaries

Bihar
Floods July 2019
2 Districts
44 Villages
3,655 Patients
710 Families
2,840 Beneficiaries

Orissa
Cyclone Fani
2 Districts
54 Villages
5,239 Patients

Tamil Nadu
Cyclone Gaja
1 District
87 Villages
28,600 Patients
580 Families
2,320 Beneficiaries

* As of August 31, 2019.
Access to quality primary care services is the first step towards improving the health outcomes of urban poor in India. Since 2011, Americares' Mobile Health Centres (MHC), are bringing healthcare to the people who need it most. Six days a week, our fully-equipped mobile health centres bring health care to impoverished while adding focus on sustained improvements in individuals' health through quality health education and enhanced local healthcare provider capacity. During 2018-19, the MHC delivered 1,66,540 consultations across the program.

“हाहू दिनों से मेरे दोनों पायर में मुझे भी और पेरों में जखम भी था. इसलिए मैं ने डॉक्टर के लिए सिर्फ परस्पर और दवाईयों भी ली थी। अमेरिकार्स के मोबाइल हेल्थ केंड्रों में जाते के बाद मुझे पता चला कि मुझे हांड्रेड प्रेसर और डायबिटीज़ हैं। मेरे बच्चे 300 से ज्यादा थे। अमेरिकार्स के डॉक्टर की सलाह और दवाईयों से मेरा प्रेशर और डाइबिटीज़ सुधार हो गए और पेरों का जखम भी ठीक हो गया। मेरे अमेरिकार्स के कर्मचारियों को धन्यवाद देते हूँ.”

- Rakmatunnissa Badshah Shaikh,
58/F, Rafiq Nagar

Clinical Services

131 Locations in Mumbai

02 States
Maharashtra & Tamil Nadu

1,66,540 Consultations

65,000 Health Education

295 Referral Centers
Rapid pace of urbanisation has outpaced the healthcare infrastructure growth in India. For the urban poor who live in slums, living conditions are challenging and healthcare is often not the priority. Americares Mobile Health Centre (MHC) program is working to change that.

ACCESS TO PRIMARY CARE: Lack of Awareness, Affordability and Access leads to a huge healthcare burden on the urban slumdwellers. Six days a week, our fully-equipped mobile health centres bring health care to impoverished families in dozens of locations. Hundreds of patients a day benefit from the medical vans’ on-site services and free medicines. For most patients, this is the only time they will ever see a doctor.

The Electronic Medical Record (EMR) system, enables ease of follow up and advises for patients suffering from NCD and chronic disorders. Availability of “Point-of-Care” diagnostics enables early screening and treatment for effective disease management.

During 2018-19, our mobile health centres served 1,66,540 consultations.

BEHAVIOUR CHANGE: The communities remain oblivious of positive health habits and preventive health practices and are trapped into a vicious cycle of disease that worsens their overall health indicators.

Working with the communities, we build positive health habits through consistent health education to individuals and groups.

We engage “Arogya Mitra”- community-based health volunteers to spread awareness on key illnesses, to mobilize and manage the beneficiary referral flow.

We reached out to more than 65,000 individuals through 4,990 group health session during 2018-19.

CAPACITY BUILDING: Private healthcare practitioners (HCPs) are the backbone of primary care in the community. Educating them about disease prevention & management techniques has a direct and positive impact on the health outcomes of the communities. In 2017, we introduced ‘Masterclass’ – our signature HCP capacity building initiative.

We have identified the right mix of HCPs who are engaged in quarterly hands-on training programs on specific topics, by subject experts. During 2018-19, we conducted 5 sessions of Masterclass which were attended by 50 percent of the HCPs in the area.

Americares is developing an online training platform for these HCPs, wherein they can enroll, complete the course and get certified from a reputed university.

DEVELOP REFERRAL LINKAGES: Patients who require higher level of care for investigation, consultation or admission to hospital, benefit from the referral network of charitable and government facilities.

Each MHC has a customised referral directory which helps the doctor to refer the right patient to the right centre.

Our doctors follow universal protocols and refer the patients as needed.

Arogya Mitra seeker turns provider

46 year old Nazamuddin Shaikh hadn’t realized when social drinking with friends had turned into a habit. It was about 10 years ago when a drunk Nazamuddin came home and picked a fight with his wife in front of their 2 children. When the fights became more frequent, his wife and children left the house. Nazamuddin did not earn a livelihood and started living with his brother’s family. Soon, Nazamuddin complained of abdominal pain. He approached local health practitioners, but the medicines only provided temporary relief and the pain would re-surface. When he visited the MHC, the doctor identified alcohol addiction as the root cause of his pain. Along with medicines, counseling was provided to him by the staff doctor and health worker on de-addiction benefits and practices. With continuous follow-up by the MHC staff, Nazamuddin ceased to consume alcohol. Apart from relief from abdominal pain, there is a drastic change in his behaviour. He started volunteering at the MHC site for crowd flow management. He became interested in other health awareness topics as well. His expanded knowledge on health prompted the MHC staff to nominate him as an Arogya Mitra. He was selected as a Arogya Mitra on May 2019. Now he is actively involved in community mobilization and health awareness.
Clinical Services
Health System Strengthening

Health care workers (HCWs) are at the risk of occupational exposure to infections such as HIV, Hepatitis B and C, Tuberculosis amongst others. Our Health System Strengthening program focuses on protecting health workers as well as providing them with awareness on safety practices and a safe working environment which benefits them as well as the patients they serve, by reducing hospital-based infections.

**Protect the Individual**
We delivered interventions to protect all classes of health workers through comprehensive health surveillance of communicable and non-communicable diseases, immunization, capacity building, training and ensuring complete documentation of the beneficiary’s protection status through a booklet.

**Create Safe Work Environment**
Occupational injuries and exposures to pathogens are preventable if HCWs are trained to comply with precautionary norms. The program engages with various departments and healthcare workers to build staff capacity on infection prevention and safe work environment. This includes in-ward and classroom sessions, mass awareness and one to one counselling.

**Ensure Sustainability**
Americares with its deep engagement and collaboration with Hospital Infection Control committee ensures the sustainability of its interventions. The program’s proven benefits have been successful in creating desired policy level changes, especially at LTMMC & GH. At the closure of the program, the hospital administration undertakes responsibility to continue regular capacity building programs of high-risk healthcare workers.

**Strive to Thrive:**
The aim of Strive to Thrive initiative is to ensure that hospitals continue to practice and build upon the interventions conducted by Americares for health system strengthening.

As part of the completion and hand over of the project to LTMMC & GH, Americares implemented three unique interventions to ensure sustainability –

1. **Infection Prevention & Control Manual (IPC manual):**
Americares with Department of Microbiology LTMMC & GH developed an IPC Manual to deliver SOPs for intensive operation theatres and surgical areas. It comprises of 8 chapters on safe practices, accompanied by images, tests and related resources. The IPC manual is a first of its kind developed for LTMMC & GH. The manual is made available among all wards and departments of the institution.

2. **IPC Model Ward:**
The program undertook the assessment of a high-risk paediatric ward at LTMMC & GH on lines of NABH recommendation, identified and fulfilled the gaps to create a replicable infection prevention control model ward. Gaps like hand hygiene practices, educational material, SOPs, patients beds, biomedical waste segregation, environmental hygiene, etc. were fulfilled by Americares and the model ward was handed over to LTMMC & GH. These initiatives were implemented with thorough understanding of replicability, resource availability, priorities and impact.

3. **I-Spear Mobile App:**
To build and sustain the capacity of HCWs, Americares developed an android-based mobile application for infection prevention & control training. The Application has 10 modules with features like lock in chapters, daily reminders, pre & post-test, access to videos & resources, etc. Post completion of training via app, the HCW receives a joint certificate from LTMMC & GH and Americares. The mobile application is available at no-cost to all HCWs. The content is developed in English with potential for translation in local languages for larger reach and impact.

"Our residents & Class IV workers have gained thorough knowledge on safety practices and are excellently following it during patient care. We ensure the posters given to us are pasted in our ward so that patients and HCWs can easily access it."

- Nurse in charge

**Highlights: -**
- Oral and poster presentations at the international APASL 2018 conference
- Paper publication “Need of Hepatitis B Prevention and Healthcare Worker Safety Program in Government Hospital: Case study of L.T.M.M. College & General Hospital, Mumbai” in the international Journal of Digestive Diseases and Hepatology
- 3,624 Healthcare workers screened
- 4,199 doses of HBV vaccines administered
- 3,663 HCWs educated via in-ward sessions and 3,212 HCWs via classroom sessions

"This is a really good program and it is beneficial for students, parents, teachers and school staff. We have noticed that students are exhibiting good health & hygiene-related habits after the program was initiated in our school."

- Ms. Veena Donwalkar
  Head Mistress,
  Chhatrapati Shivaji Vidyalay,
  Dharavi, Mumbai

At Americares, we believe that health of young people, and the adults they will become is critically linked to the health-related behaviours they choose to adopt. Schools offer extra-ordinary setting to influence the choices that young people make and encourage healthy behaviour among them.
Americares school health program encourages healthy behaviours, promotes disease prevention and drives systemic change by improving knowledge and health practices among students of government schools.

**HEALTH EDUCATION:** Classroom based education sessions on health topics are effective way to sensitize children about the importance of health for a good quality of life. In schools, health education is delivered by trained health facilitators, who communicate important knowledge on 3 key areas viz. Health, Hygiene and Nutrition. The capacitated facilitators impart knowledge with the help of ice breakers, Lecture-Engagement-Demonstration (LED) material, activities and games. This year, 17 facilitators delivered 5600 sessions. A significant change in knowledge and behavior parameters was observed.

**PREVENTIVE HEALTH INTERVENTIONS:** Interventions to detect conditions and diseases in their earlier, more treatable stages, significantly reduce the risk of illness. Americares conducts comprehensive screening program for vision, dental and anaemia among school children. Those requiring treatment for anaemia & vision defects are provided with necessary support and follow up. Children are referred to further treatment for dental health issues. During the year 13,000 children benefitted from the health interventions conducted by Americares.

**WATER, SANITATION & HYGIENE (WASH):** WASH in schools is a first step towards ensuring a healthy physical learning environment. Schools with functional WASH can lessen the spread of disease. Our WASH intervention aims to improve the health and learning performance of school-aged children and by extension, that of their families – by reducing the incidence of water and sanitation related diseases. A ‘Student Cabinet’ empowers students with leadership roles in creating and maintaining WASH facilities and practices.

**STAKEHOLDER ENGAGEMENT:** It is imperative to engage parents, teachers and school administration for sustained behaviour change among children. Nearly 9,800 parents participated in 145 sessions organized to familiarize them with the health messages the children receive through the program. A Sehat Mela – a fun-fair focussing on health, hygiene, nutrition helped strengthen parents participation.

Our facilitators regularly brief school principals and teachers on program activities. Head Master meetings are conducted and parent & teacher groups are formed so that the Americares staff can closely engage with stakeholders, receive feedback and include inputs while delivering sessions to students.

**“Student Cabinet members help school to bag the Most Clean School Award”**

WASH facility in Malvani Village school was upgraded three years ago. Recently, a student cabinet was instituted with responsibilities to monitor the WASH from time to time. The cabinet members actively coordinated with cleaning staff, teachers and Americares facilitators to ensure that the facilities were well maintained. Their efforts were noticed by authorities who bestowed the school with Most Clean School award. School HM Mrs. Mangal Sawant says, “The WASH area is in stark contrast to our old school building, thanks to Americares and student cabinet.”

**“I can read and write without difficulty and I can study well”**

Riya Gautam, student of Chhatrapati Shivaji Vidyalaya, noticed that in the past few months she faced difficulty to read and write. She couldn’t concentrate in class and her eyes would water while studying at home. When vision screening was conducted in her school, she was identified with a vision defect and was provided with spectacles. Now Riya uses these spectacles daily and is very happy. She can read and write without difficulty. “My eyes do not water and I can study well”, she exclaims. “Americares’ Didi told me to eat leafy vegetables and carrots regularly. Now I make it a point to eat them along with the regular home-cooked meal.” she adds.
Due to lack of access and affordability, individuals and families cannot get the medicine they need to stay healthy. As the leading nonprofit provider of donated medicine and medical supplies, Americares is working to change that. We increase access to critical medicine and supplies to over 150 partners spread across India via a strong logistic network. We have sent 101 shipments to 47 partners across 12 states. Worth Rs 2.18 Mio for the year 2018-19. Our partner network includes charitable hospitals, clinics and NGOs providing community based health care services. We partner with leading pharmaceuticals that donate quality products—from basic analgesics and antibiotics to anti-hypertensive and antidiabetic treatments—which we supply to our partners Pan-India.

Logistics & Infrastructure:
Americares receives, stores, sorts and distributes the donations in our state-of-the-art 12000 sq. ft. warehouse in Bhiwandi, near Mumbai.

Our warehouse is equipped with cold-chain management and other necessary infrastructure required to maintain optimum quality of the medicines. Our trained staff manages and optimizes product donations to ensure safe and effective distribution of medicine and medical supplies to local partners.

All the donations received and distributed from our warehouse are recorded in a specialized inventory-management software. Our documentation process complies with statutory requirements and standards.

People’s contact with trained workers is proved to be instrumental in improving health in developing countries. Community based programs under many circumstances provide this crucial contact. The Community Health Program implemented in high risk slums of F/North ward Mumbai delivered unique door-to-door model for prevention of Hepatitis B among childbearing women with an aim to prevent Mother-to-Child transmission. The Door-to-Door model involves multiple visits and engagement with the stakeholders. The program ensured sustainability through building capacity of community physicians on prevention of Hepatitis in the target communities.

Beneficiary received medicines donated by Americares

Health camp by Americares Partner in West Bengal

Community Health

Community Health

Hepatitis Awareness Program

Synopsis of special activities:
World Breastfeeding week: From 1st to 7th August, staff conducted 21 meetings with Aaganwadis to reach 286 women beneficiaries. Awareness was created on importance of breast milk, duration of exclusive feeding and challenges faced.

Wall Painting: Americares with community volunteers, implemented Hepatitis B Awareness wall paintings in 5 communities of F/N ward, Mumbai with high risk practices and high prevalence of Hepatitis B.

Capacity Building of Community Doctors: Americares organized a CME for community physicians on Maternal & Child Nutrition. The program focused on nutrient requirement during pregnancy & lactation, anaemia and malnutrition.
Americares India Foundation believes in recognizing and honouring those who make exemplary contributions in serving the Indian society. This philosophy has inspired the inception of Spirit of Humanity in 2010. This year, Americares India celebrates a decade of Spirit of Humanity, serving as a national level platform for collaboration, capacity building, rewards and recognition within the social sector. The platform brings together thought leaders from corporate, government, health, academia, development and CSR sectors. All under one roof, they unite and share their knowledge and proficiency while evaluating the social impact created by the participating organizations. The 10th Spirit of Humanity Awards will witness interactions among various stakeholders for sustained engagement, increased knowledge and cross learning.

Benefits to participating NGOs

Recognition:
- Zonal Winner – Certificate
- National Winner – Certificate, Trophy, Cash prize of Rs. 1 Lakh

Collaboration & Networking:
- Interface with domain experts
- Opportunity to present program to the esteemed Jury
- Share organization’s work with CSR Heads
- Partnership & PR opportunities

Capacity Building
- Knowledge sharing
- Scope to expand programs based on best practices
- Mentoring & guidance by corporate and academia
- Cross fertilization of ideas and expertise

Impact Sectors 2019

Organizations with Annual Budget < 3 Cr.

Highlights

- 6 Categories
- 300+ Nominations
- 50 Jury Members
- 26 Finalists
- 6 Winners

Pre-final Evaluation Round
(at SPJIMR, August 2, 2019)
Our Board of Trustees:

President & Trustee
Mr. S. K. Mitra
Chairman, GSK Advisory Pvt Ltd

Secretary & Trustee
Mr. Ranjit Shahani
Former Vice Chairman & Managing Director, Novartis India

Treasurer & Trustee
Mr. Vikram Parekh
Director, Parekh Integrated Services Pvt Ltd

Trustee
Ms. Anjali Raina
Executive Director, Harvard Business School India Research Centre

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Mr. Shripad Desai
MD & Country Director

Mr. Anirban Mitra
Senior Director, Operations

Dr. Priyamvada Todankar
Director - Programs

Corporate:
Abbott Healthcare Pvt Ltd
Abbott India Limited
Alcon Laboratories [India] Pvt Ltd
Becton Dickinson India Pvt Ltd
BP India Services
Castrol India Limited
Catalyst Corporate Services Pvt Ltd
Colgate Palmolive India Limited
Crane Fund for Widows and Children
Fullerton India Credit Company Limited
Johnson and Johnson Pvt Ltd
Merck Specialties Pvt Ltd
Morgan Stanley India Company Pvt Ltd
Novartis Healthcare Pvt Ltd
Pfizer Healthcare India Pvt Ltd
Pfizer Limited
RBL Bank Limited
Reliance Nippon Life Asset Management Limited
Sandoz Pvt Ltd
United Way of Mumbai
Videojet Technologies [I] Pvt Ltd
Yahoo! Employee Foundation India

Employee’s Contribution:
Alcon Laboratories [India] Pvt Ltd
BPXA
CME Group
Johnson & Johnson
Novartis Healthcare Pvt Ltd
Novartis India Limited
Pfizer Limited
Pfizer Products India Pvt Ltd
Procter and Gamble Health Limited
Sandoz Pvt Ltd

Foundation
Americares Foundation Inc
Axis Bank Foundation
BP foundation Inc
Cipla Foundation
Claretian Educational And Social Service Society
Glenmark Foundation
Fullerton India Credit Company Limited
John Johnson & Johnson Pvt Ltd
Merck Limited
Cipla Limited
Glaxo Smithkline Pharmaceuticals Limited
Glenmark Pharmaceuticals Limited
Johnson & Johnson Pvt Ltd
JW Marriott Mumbai Juhu
Meenakshi Mission Hospital & Research Centre (c/o Vitamin Angels)
Pfizer Limited
Procter & Gamble Health Limited
RPG Life Sciences Limited
Sanofi India Limited
Zydus Healthcare Limited

Gift in Kind:
Abbott Healthcare Pvt Ltd
Baxalta Bioscience India Pvt Ltd
Becton Dickinson India Pvt Ltd
Merck Limited
Cipla Limited
Glaxo Smithkline Pharmaceuticals Limited
Glenmark Pharmaceuticals Limited
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Procter & Gamble Health Limited
RPG Life Sciences Limited
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Our Donors

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Zydus Healthcare Limited

as of 31st August 2019
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Jai Vakeel Foundation

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Castror

Shruti Gotel
Intellecap

Sushant Bhagwat
Kotak Education Foundation

Ulika Dhuri
Cipla Foundation

Vinod Pande
SBI Foundation

Professional Standards

Governmental:

- Member of Indian Drug Manufacturers Association (IDMA)

- Member of the Associated Chambers of Commerce of India (ASSOCHAM)

- Member of National Coalition of Humanitarian Agencies in India (SPHERE)

- Member of Indo American Chamber of Commerce (IACC)

Professional:

- Registered as a Public Charitable Trust in India since 2006

- Registered under Section 12A of the Income Tax Act, 1961

- Recognized under Section 80G of the Income Tax Act, 1961

- Registered under Foreign Contribution Regulation Act (FCRA), with Ministry of Home Affairs [MHA]

- Licensed to purchase, store, sell and distribute drugs with the State Food & Drug Administration (FDA) of Maharashtra

- Complies with the waste disposal norms laid down by Maharashtra Pollution Control Board (MPCB) with regard to destruction of date expired medicines.

Partnerships

Americares is privileged to have partnered with numerous respected institutions as part of its programs and initiatives. Few of them are listed below:

- National Disaster Management Authority (NDMA)

- National Rural Health Mission (NRHM)

- Municipal Corporation of Greater Mumbai (MCGM)

- King Edward Memorial Hospital (KEM)

- Lokmanya Tilak Municipal Medical College and General Hospital (LTM MC & GH)

- Directorate of Health Services

- Department of Health and Family Welfare

- Sashasstra Seema Bal

- 14 Rashtriya Rifles, Indian Army

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Our Mission

Americares saves lives and improves health for people affected by urban poverty or disaster so they can reach their full potential.