Dear Friends,

It is a pleasure for us to write to you again with an update on our activities for the last financial year.

During 2016-17, we consolidated our efforts to address the health needs of people with life-changing health programs, medicine and medical supplies.

Putting health first, our medical teams responded in time to disasters across states, providing primary care and relief, helping more than 13,000 families. We established humanitarian hubs in disaster-prone states across India to strengthen local response capability. In Tamil Nadu, we upgraded 27 primary health centres, four general hospitals and the state-level rehabilitation centre.

Every day through our mobile health centres in urban slums, more than 500 individuals receive treatment, prevention and health management services—the foundation of a productive life. More than 5,000 health care workers have benefitted from our comprehensive health care workforce safety program.

We are developing 88 municipal schools in Mumbai as ‘change hubs’ to drive sustainable behaviour change among 26,000 children and communities they live in. Our community health program protecting new-born babies and women from hepatitis has reached out to more than 8,500 women across Mumbai.

We helped to improve health outcomes for patients and low-income communities across 23 states through our Access to Medicine program.

Americares is committed to saving lives and improving health for people affected by poverty or disaster so they can reach their full potential.

We look forward to your support and partnership to make our work possible.

Sincerely,

Shripad Desai

S K Mitra

MD & Country Director
Chairperson & Trustee

“ Healing is a matter of time, but it is sometimes also a matter of opportunity.”

– Hippocrates
Health is Fundamental

Why Health?

For people affected by poverty or disaster, health is essential. With good health, people can attend school, be productive at work, care for their families and contribute to strong communities. Poor health puts all of that at risk.

Health is fundamental to all aspects of human development.

Americares saves lives and improves health for people affected by poverty or disaster so they can reach their full potential

Who we are

Americares India Foundation is a health-focused relief and development organization that responds to people affected by poverty or disaster with life-changing health programs, medicine and medical supplies.

Each year, Americares delivers innovative health programs and quality medical aid across India, quality medical aid across India, making it the country’s leading non-profit provider of donated medicine and medical supplies.

For more information, visit americaresindia.org

What we do

Our Vision

A world in which all people have pathways to health and opportunity

Emergency Response

We help communities prepare for, respond to and recover from disasters

Access to Medicine

We increase access to critical medicine and medical supplies

Clinical Services

We deliver quality health care to people who have none

Community Health

We design & implement sustainable programs that strengthen community health
In an emergency, we launch rapid responses and restore quality health services. We respond when others don’t.

**Prepare:**
During 2016-2017, Americares India established humanitarian hubs in disaster-prone states across India to strengthen local response capability. Each hub enlists on-ground partners after comprehensive vetting. Through customized training, we strengthened the collective response capacity of partners. Americares India also stocks our three warehouses with pre-positioned relief material to ensure timely responses. Our roster of health care professionals allows us to mobilize skilled resources where they are needed most.

**Respond:**
Americares India’s emergency medical teams launched rapid responses to the floods in Assam, Rajasthan and Gujarat, providing primary care to 20,252 survivors. We protected the health of survivors with nutritional support and hygiene supplies and access to safe drinking water. More than 13,230 families received essential relief materials from Americares India that helped them recover safely and resume their lives.

**Recover:**
In the months after disaster, Americares India develops disaster-resilient health care infrastructure.
After the unprecedented flooding in December 2015 in Tamil Nadu, Americares India upgraded 27 primary health centres, four general hospitals and the state-level rehabilitation centre. All facilities are open and providing quality care to families and individuals recovering from the floods.

During 2016-2017, we responded to all major disasters across India, including the floods in Assam, Bihar, Gujarat and Rajasthan, working to restore access to health care for the affected population.
Due to lack of access and affordability, individuals and families cannot get the medicine they need to stay healthy. As the leading non-profit provider of donated medicine and medical supplies, Americares India is working to change that.

**UN Sustainable Development Goal 3**

**Ensure healthy lives and promote well-being for all at all ages**

Achieve universal health coverage, including financial risk protection, access to quality essential health-care services and access to safe, effective, quality and affordable essential medicines and vaccines for all.

**Americares India** increases access to quality medicines and supplies to improve health outcomes for patients and low-income communities.

**Pharmaceutical Partnership**

We partner with leading pharmaceutical manufacturers in India that donate quality products. We provide local partners across India with a wide range of donated medicine—from basic analgesics and antibiotics to anti-hypertensive and anti-diabetic treatments.

**Network**

Americares India’s partner network includes charitable hospitals, clinics and NGOs providing community-based health care services across the country. Our partners are carefully selected and meet our criteria of program, capacity and philosophy.

**Logistic Capacity**

Americares India receives, stores, sorts and distributes the quality donations in our state-of-the-art 12000 sq. ft. warehouse in Bhiwandi, near Mumbai. Our warehouse is equipped with specialty software, cold-chain management and other necessary infrastructure. Our trained staff manages and optimizes product donations to ensure safe and effective distribution of medicine and medical supplies to local partners.

**Program Outreach**

<table>
<thead>
<tr>
<th>No of States Covered</th>
<th>23</th>
</tr>
</thead>
<tbody>
<tr>
<td>No of Partners</td>
<td>150+</td>
</tr>
<tr>
<td>No of Shipments</td>
<td>1,400+</td>
</tr>
</tbody>
</table>

“Ultimately, as a doctor, what satisfies me is that my patients benefit from the medicines that we receive from Americares. These are expensive medicines which would otherwise be out of the reach of my patients. Thank you Americares for your generous support.”

Dr. Aboli Deshmukh, Program Manager, Prasad Chikitsa
Every person should have access to quality health care. Through our mobile health centres in urban slums, we offer patients treatment, prevention and health management services - the foundation of a productive life, full of opportunity and possibility.

Since 2011, Americares mobile health centres have provided access and continuity of quality primary care in the urban slums of Mumbai.

This scalable initiative aims to reduce health disparities by providing diagnosis, treatment, referral, disease prevention and health education at no cost to the patient.

Six days a week, our fully-equipped mobile health centres bring health care to impoverished families in 13 municipal wards of Mumbai.

Hundreds of patients each day benefit from the on-site health services and free medicine. Americares India meets patients’ immediate needs, make referrals if necessary, and identify and provide ongoing treatment for chronic diseases. For most patients, these visits are the only time they will ever see a doctor.

Each fully-equipped mobile health centre is staffed with a doctor, health worker, pharmacy assistant and data associate to provide complete care onsite. Beneficiaries receive health education on various prevailing health issues including communicable diseases, anaemia, diabetes and hypertension, among others. Electronic health records for all patients are maintained to facilitate follow-up treatment and monitor the program.

“Thanks to the MHC doctor for diagnosing me, prescribing appropriate supplements and suggesting dietary changes. If Americares India Foundation had not screened me, I would have neglected my symptoms and might have invited complications arising from severe anaemia.”

Nanda, Age 35
A patient at Americares Mobile Health Centre
We protect health care workers at risk of occupational exposure to infections such as hepatitis, HIV and tuberculosis among others.

Healthcare Workforce Safety

More than 5,000 health care workers have benefitted from Americares India’s comprehensive health care workforce safety program. Partnering with hospital management to ensure sustainability, our goal is to build capacity by providing a safe work environment and ensuring a healthy workforce.

Protect the Individual

Individual health workers are screened to identify their health risks and determine treatment. Testing and immunization offer protection from hepatitis and other infectious diseases. Educators conduct regular workshops and training in wards to elicit positive behaviour change.

Create a Safe Environment

We strengthen the infection prevention, control and post-exposure prophylaxis practices at each institution. Health workers receive training on safe injection practices and biomedical waste management. We assess and upgrade infrastructure to enhance the safety of the health facility.

Ensure Sustainability

By collaborating with hospital management at every stage of the workforce safety program, Americares India ensures buy-in and sustainability. The hospital signs a joint memorandum and commits to taking over the program responsibly.

Vaccination camps protect health workers against Hepatitis B

2016-17 Highlights

- 2,767 Health Workers screened
- 3,400 Health Workers trained
- 3,000 Health Workers immunized

"LTMG Hospital serves the largest number of patients from rural and urban slums among all BMC & Government hospitals (20 lac p.a.), leading to high risk of occupational hazards among our staff. A big Thank You to Americares India for their unique intervention to ensure healthcare worker safety and patient care improvement. Great Work. Well Appreciated!"

Dr. Suleman Merchant, Dean, LTMG Hospital, Mumbai

*Quoted on 16 August 2017*
Children come to school to learn. But too often, schools are places where children become ill. Every day, Americares brings health to over 26,000 children studying in the municipal schools of Mumbai.

**School Health Program**

Personal habits as well as the cleanliness and physical environment of a school facility can significantly affect the health and well-being of children. Americares India is developing schools as ‘change hubs’ to drive sustainable behaviour change among children and communities.

**Skill-based Health Education**

Our trained school-health facilitators engage with students during education sessions to instil positive health attitudes and practices. Lectures, demonstrations and engaging activities during assembly and classroom sessions deliver core messages.

**Health Services**

Children are tested for anaemia and provided with appropriate treatment. Students are screened for vision, hearing and oral care and, if needed, provided with specialty care and treatment. Girl students are educated and provided access to personal hygiene products. All schools are also equipped with a comprehensive first-aid kit.

**Water, Sanitation & Hygiene**

Disease spreads quickly in cramped spaces with limited ventilation, where handwashing facilities or soap are not available, and where toilets are in disrepair. Americares India focuses on renovation and maintenance of such school facilities. This ensures that children are able to implement the health practices they learn.

**Stakeholder Participation**

Americares India regularly engages with key stakeholders, including school administration, teachers, students and parents. We train and equip teachers with educational material and tools to ensure that they deliver consistent health messages to the students. Parents are sensitized about health issues and engaged in the behaviour-change process. The student council helps to drive the health messages among the children.

Health education and intervention in schools ensure long-lasting improvement in children’s health.
We support, design and implement clinic-to-community programs in areas such as maternal, new-born and child health, mental health, hypertension and diabetes.

Hepatitis Prevention

Hepatitis B virus infection is a serious clinical problem affecting 2 billion people worldwide. In India, half of the chronic hepatitis B burden results from vertical, or mother-to-child, transmission.

Our community health program focuses on prevention of vertical transmission of hepatitis B, protecting women of child bearing age and their babies. Built on the four pillars of Surveillance, Testing, Education and Protection, the program is customized to address relevant issues and concerns. A trained team of health care workers and educators works closely with the communities to ensure results.

CASE STUDY Protecting communities by protecting babies

Salma Shaikh (name changed) is 26 years old. In 2015, during an ante-natal care check-up, Salma was diagnosed with Hepatitis B. However, she did not know how to protect her child from the disease.

Americares health educator Anjum identified Salma at her home and registered her to our program. Anjum gave her information about Hepatitis & Immunoglobulin and also ensured that her family was vaccinated against Hepatitis B.

After 3 years, Salma had her second baby. Both mother and child were administered Immunoglobulin soon after delivery to prevent vertical transmission. Through our timely efforts, Salma’s family is protected from Hepatitis B.

Our program aims to prevent vertical transmission of Hepatitis, thereby reducing the risk of infant mortality in communities. We’re proud to have saved Salma’s babies and many others from Hepatitis B.

Health care workers conduct Hep B awareness among pregnant women through home-visits

“I cried the whole day when I came to know about my Hepatitis B status but with Americares support through information, investigation, patient support group and referrals, I am relieved that I can live my daily life with few precautions. Thank you for your support!”

Naveen Shekhar (name changed), Beneficiary of Community Health Program
This is the philosophy which inspired the inception of Spirit of Humanity as a recognition and reward platform for exemplary contributions made towards the society.

Over the years, Spirit of Humanity has expanded its scope to become a national-level platform for collaboration, capacity building, rewards and recognition within the social sector in India. Thought leaders from corporate, government, academia, social and CSR sectors unite at Spirit of Humanity for rendering their knowledge & expertise and evaluating the social impact created by participating organizations.

Now in its 8th year, the Spirit of Humanity will bring together various stakeholders for sustained engagement and cross learning.

**Benefit to the participating NGOs**

**RECOGNITION:**
- Zonal Winner
  - Certificate
- National Winner
  - Certificate
  - Trophy
  - Cash Prize of Rs. 1 Lakh

**COLLABORATION:**
- Interface with domain experts
- Opportunity to present program to the Jury
- Volunteering opportunities

**CAPACITY BUILDING:**
- Knowledge sharing
- Scope to expand programs based on best practices
- Mentoring & guidance by corporate and academia
- Cross fertilization of ideas & expertise

**NETWORKING:**
- Meet CSR Heads and share the organization’s work
- Partnership opportunities
- Contest for national-level recognition of your work
- PR opportunities- In House & Media coverage

**Impact Sectors 2017**
- Child Care
- Disability
- Education
- Health
- Livelihood
- Women Empowerment

For charity to continue, good work and recognition must go hand-in-hand.

Nominations

Categories

Finalists

Jury members
Our Board of Trustees

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Mr. S. K. Mitra
Chairman, QSK Advisory Pvt Ltd

Secretary & Trustee
Mr. Ranjit Shahani
Vice Chairman & Managing Director, Novartis India

Treasurer & Trustee
Mr. Vikram Parekh
Director, Panikh Integrated Services Pvt Ltd

Trustee
Ms. Anjali Raina
Executive Director, Harvard Business School India Research Centre

Key Management Team

Mr. Shripad Desai
MD & Country Director

Mr. Anirban Mitra
Senior Director, Operations

We thank our generous donors for their whole-hearted support.

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Americares Inc
Courtney and Chris Combe
Crutches 4 Kids, Inc.
GE Foundation
Network for Good
Ms. Robin A. Duska and Mr. Richard Huff
Rural India Supporting Trust

* Received throughAmericares Foundation Inc
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Deputy CEO  
Axis Bank Foundation  

Dr Jayesh M. Lele  
National Secretary  
Hospital Board of India  

KG Ananthakrishnan  
Former Managing Director  
MSD India  

Lt Gen SM Mehta(Retd)  
Chief Executive Officer  
The Hans Foundation  

Namita Vikas  
Group-President & Global Head  
Climate Strategy & Responsible Banking  
Yes Bank Foundation  

Prof PM Sandhya Rani  
Chairperson  
School of Development Studies (TISS)  

Priya Naik  
Founder & CEO  
Samhita Social Ventures  

Rajen Gandhi  
Partner  
Gandhi Paleja & Associates  

Rema Mohan  
Head - Corporate Social Responsibility  
National Stock Exchange  

Sanjiv Bhagat  
Chairman & CEO  
AT&T GNS India  

SK Mitra  
Chairman  
GSK Advisory Pvt Ltd  

Viveka Roychowdhury  
Editor  
Express Pharma  

**Pre-National Jury**

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Programme Director  
IDFC Foundation  

Dr Chandrika Parmar  
Associate Professor  
SIPMR  

Dr Harshad Thakur  
Professor  
TISS  

Hiren Mehta  
Director  
India Patent Foundation  

Dr Kavita Chaudhari  
Deputy Director - CSR  
Sanofi India  

Prof M. Suresh Rao  
Chairperson  
Centre for Entrepreneurship, SIPMR  

Naghma Mullu  
CEO  
Edelweiss Foundation  

Rekha Bijoykumar  
Manager Corporate Communication  
Merc India  

Sumit Chauhan  
Manager - CSR  
Macquarie Foundation  

Tincy George  
Sr Manager - CSR  
Glenmark Pharmaceuticals  

Mr V  
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Collective Good Foundation  
Samhita Social Ventures  

**Online Jury**

Aarti Ware  
L&T Infotech  

Abha Goyal  
Morgan Stanley  

Dr Abhijeet Prabhuhathe  
Ambuja Cement Foundation  

Angana Gupta  
JM Financial Institutional Securities Ltd  

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Kokat Education Foundation  

Sushmita Bandopadhyay  
Becton Dickinson  

Tincy George  
Glenmark  

Dr Vijay Pawar  
Mahinda Logistics  

Vaishali Iyer  
Novartis  

Vinaay Dalvi  
Crompton Greaves  

Vandana Kriplani  
Enurite  

Varada Madge  
MAMTA  

**Governmental:**

- Registered as a Public Charitable Trust in India since 2006  

- Registered under Section 12A of the Income Tax Act, 1961  

- Recognized under Section 80G of the Income Tax Act, 1961  

- Registered under Foreign Contribution Regulation Act (FCRA), with Ministry of Home Affairs [MHA]  

- Licensed to purchase, store, sell and distribute drugs with the State Food & Drug Administration (FDA) of Maharashtra  

- Complies with the waste disposal norms laid down by Maharashtra Pollution Control Board (MPCB) with regard to destruction of date expired medicines  

**Professional:**

- Member of Indian Drug Manufacturers Association (IDMA)  

- Member of the Associated Chambers of Commerce of India (ASSOCHAM)  

- Member of National Coalition of Humanitarian Agencies in India (SPHERE)  

- Member of Indo American Chamber of Commerce (IACC)  

**Partnerships:**

Americares is privileged to have partnered with numerous respected institutions as part of its programs and initiatives. Few of them are listed below:  

- National Disaster Management Authority (NDMA)  

- National Rural Health Mission (NRHM)  

- Municipal Corporation of Greater Mumbai (MCGM)  

- King Edward Memorial Hospital (KEM)  

- Lokmanyat Tilak Municipal General Hospital [LTMG]  

- Directorate of Health Services  

- Department of Health and Family Welfare  

- Sashastra Seema Bal  

- 14 Rashtriya Rifles, Indian Army
Partner With Us

Program Funding
Align your CSR and our programs, let’s leverage resources and multiply its effect for a deeper social impact, while maximising every rupee invested!

Employee & Payroll Giving
Employees can either contribute a small amount each month towards our projects or fundraise innovatively through crowd funding platforms, workplace fundraisers, etc.

Gift-in-Kind Support
Become our annual contributor to pre-position resources such as medicines, medical supplies, water, blankets and hygiene items.

Matching Grant & Marathon
Matching your company’s grant with your employees’ payroll contribution boosts their spirit of giving and doubles the social impact. Marathons are great platforms for inculcating and promoting corporate culture and social giving.

Cause-related Marketing (CRM)
Meet your social responsibility objectives by exploring cause-related marketing with us.

Event Sponsorship
Collaborate with us for one of our existing events to raise funds and awareness for disaster relief and other ongoing programs. The annual Spirit of Humanity event provides immense scope for corporate donor visibility and recognition.
“Health is the thing that makes you believe that now is the best time of the year.”

- Franklin Pierce Adams