Dear Friends,

It is a pleasure for us to write to you again with an update on our activities for the last financial year.

During 2016-17, we consolidated our efforts to address the health needs of people with life-changing health programs, medicine and medical supplies.

Putting health first, our medical teams responded in time to disasters across states, providing primary care and relief, helping more than 13,000 families. We established humanitarian hubs in disaster-prone states across India to strengthen local response capability. In Tamil Nadu, we upgraded 27 primary health centres, four general hospitals and the state-level rehabilitation centre.

Every day through our mobile health centres in urban slums, more than 500 individuals receive treatment, prevention and health management services—the foundation of a productive life. More than 5,000 health care workers have benefitted from our comprehensive health care workforce safety program.

We are developing 88 municipal schools in Mumbai as ‘change hubs’ to drive sustainable behaviour change among 26,000 children and communities they live in. Our community health program protecting new-born babies and women from hepatitis has reached out to more than 8,500 women across Mumbai.

We helped to improve health outcomes for patients and low-income communities across 23 states through our Access to Medicine program.

Americares is committed to saving lives and improving health for people affected by poverty or disaster so they can reach their full potential.

We look forward to your support and partnership to make our work possible.

Sincerely,

Shripad Desai
MD & Country Director

S K Mitra
Chairperson & Trustee

“Healing is a matter of time, but it is sometimes also a matter of opportunity.”

– Hippocrates
Health is Fundamental

Why Health?

For people affected by poverty or disaster, health is essential. With good health, people can attend school, be productive at work, care for their families and contribute to strong communities. Poor health puts all of that at risk.

Health is fundamental to all aspects of human development.

Americares saves lives and improves health for people affected by poverty or disaster so they can reach their full potential

Who we are

Americares India Foundation is a health-focused relief and development organization that responds to people affected by poverty or disaster with life-changing health programs, medicine and medical supplies.

Each year, Americares delivers innovative health programs and quality medical aid across India, quality medical aid across India, making it the country’s leading non-profit provider of donated medicine and medical supplies.

For more information, visit americaresindia.org

What we do

Our Vision

A world in which all people have pathways to health and opportunity
Key Milestones Since 2006

2006-2009

**ADMIN** - 12A Registration, FDA License
- Mumbai office & warehouse established

**ER** - Bihar Floods, Odisha Tornado, West Bengal Cyclone Alia

**A2M** - Program launch, 250 shipments worth Rs. 10 Cr.

2010

**ADMIN** - Moved in to Andheri office

**ER** - Sikkim Earthquake, Odisha Floods

**A2M** - Cumulative shipment worth Rs. 20 Cr.

**CS** - Launch 1st Mobile Health Centre

2011

**ADMIN** - FCRA Registration

**ER** - AP, Karnataka, Uttarakhand, Leh, UP Floods

**A2M** - 50 partners, 500 shipments

**CS** - Phase I launch at JRH Hospital

‘Spirit of Humanity’ launched

2012

**ADMIN** - Established 12,000 sq. ft. warehouse

**ER** - Uttarakhand Floods, Cyclone Phailin

**A2M** - Capacity Building workshop, 1,000 shipments to a network of 150 partners in 24 states

**CS** - Added 2 Mobile Health Centres, 48 locations covered, 1,00,000 consultations

2013

**ER** - Bihar Encephalitis, Kashmir Avalanche

**A2M** - 1,000 shipments, 150 partners, 24 states

**CS** - Introduced patient record software, 2nd Mobile Health Centre, Phase II launch at KEM Hospital, infection control manual released

2014

**ER** - Bihar, Kashiri, Odisha Floods

**A2M** - Cumulative shipments worth Rs. 30 Cr.

**CS** - Added 3 Mobile Health Centres, 130 locations covered, 2,00,000 consultations, Joint declaration signed at KEM Hospital

2015

**ER** - Nepal Earthquake, Tamil Nadu Floods

**A2M** - Shipment worth Rs 35 Cr, network of 150+ partners in 27 states

**CS** - 3,00,000 consultations since launch, Phase III launch in LTMG, Sion Hospital

2016

**ER** - Bihar Flood, Assam Floods, Tamil Nadu Recovery, Gujarat and Rajasthan Floods

**A2M** - Introduction of oncology program

**CS** - 6,26,000 consultations on MHC program since launch, 2,800 health workers benefitted through project ISPEAR

2017

**ER** - Nepal, Tamil Nadu, Manipur, West Bengal Floods, Maharashtra Drought

**A2M** - Crossed landmark 1300+ shipments since 2006

**CS** - 4,50,000 consultations on MHC since launch, Health Workforce Safety project ISPEAR launched at LTMG Hospital, Mumbai

**CH** - Expanded school program to 26,000 children in 88 schools, Launch of Project CAIR

2018

**ER** - Bihar Flood, Assam Floods, Tamil Nadu Recovery, Gujarat and Rajasthan Floods

**A2M** - Introduction of oncology program

**CS** - 6,26,000 consultations on MHC program since launch, 2,800 health workers benefitted through project ISPEAR

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**CS** - 4,50,000 consultations on MHC since launch, Health Workforce Safety project ISPEAR launched at LTMG Hospital, Mumbai

**CH** - Expanded school program to 26,000 children in 88 schools, Launch of Project CAIR

ER - Emergency Response
A2M - Access to Medicine
CS - Clinical Services
CH - Community Health
In an emergency, we launch rapid responses and restore quality health services. We respond when others don’t.

Prepare:
During 2016-2017, Americares India established humanitarian hubs in disaster-prone states across India to strengthen local response capability. Each hub enlists on-ground partners after comprehensive vetting. Through customized training, we strengthened the collective response capacity of partners. Americares India also stocks our three warehouses with pre-positioned relief material to ensure timely responses. Our roster of health care professionals allows us to mobilize skilled resources where they are needed most.

Respond:
Americares India’s emergency medical teams launched rapid responses to the floods in Assam, Rajasthan and Gujarat, providing primary care to 20,252 survivors. We protected the health of survivors with nutritional support and hygiene supplies and access to safe drinking water. More than 13,230 families received essential relief materials from Americares India that helped them recover safely and resume their lives.

Recover:
In the months after disaster, Americares India develops disaster-resilient health care infrastructure. After the unprecedented flooding in December 2015 in Tamil Nadu, Americares India upgraded 27 primary health centres, four general hospitals and the state-level rehabilitation centre. All facilities are open and providing quality care to families and individuals recovering from the floods.

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New born stabilization unit (NBSU) at Tambaram GH upgraded by Americares India volunteer Dr. Abhishek Patil examines patients at a health camp in Newbaicha Block, Assam, on July 16, 2017.

During 2016-2017, we responded to all major disasters across India, including the floods in Assam, Bihar, Gujarat and Rajasthan, working to restore access to health care for the affected population.

“"It has been a privilege for our organization to partner with Americares for the Bihar flood response. The timely, smooth, appropriate and adequate medicinal and relief supplies made our response easy and quick. I wish them all the very best and look forward to enriching our partnership further.”

Peniel Malakar, Director, Disaster Management & Mitigation Unit, Emmanuel Hospital Association
Due to lack of access and affordability, individuals and families cannot get the medicine they need to stay healthy. As the leading non-profit provider of donated medicine and medical supplies, Americares India is working to change that.

**UN Sustainable Development Goal 3**

Ensure healthy lives and promote well-being for all at all ages
Achieve universal health coverage, including financial risk protection, access to quality essential health-care services and access to safe, effective, quality and affordable essential medicines and vaccines for all.

**Americares India increases access to quality medicines and supplies to improve health outcomes for patients and low-income communities.**

**Pharmaceutical Partnership**
We partner with leading pharmaceutical manufacturers in India that donate quality products. We provide local partners across India with a wide range of donated medicine—from basic analgesics and antibiotics to anti-hypertensive and anti-diabetic treatments.

**Network**
Americares India’s partner network includes charitable hospitals, clinics and NGOs providing community-based health care services across the country. Our partners are carefully selected and meet our criteria of program, capacity and philosophy.

**Logistic Capacity**
Americares India receives, stores, sorts and distributes the quality donations in our state-of-the-art 12000 sq. ft. warehouse in Bhiwandi, near Mumbai. Our warehouse is equipped with specialty software, cold-chain management and other necessary infrastructure. Our trained staff manages and optimizes product donations to ensure safe and effective distribution of medicine and medical supplies to local partners.

“Ultimately, as a doctor, what satisfies me is that my patients benefit from the medicines that we receive from Americares. These are expensive medicines which would otherwise be out of the reach of my patients. Thank you Americares for your generous support”.

Dr. Aboli Deshmukh, Program Manager, Prasad Chikitsa
Every person should have access to quality health care. Through our mobile health centres in urban slums, we offer patients treatment, prevention and health management services - the foundation of a productive life, full of opportunity and possibility.

Since 2011, Americares mobile health centres have provided access and continuity of quality primary care in the urban slums of Mumbai.

This scalable initiative aims to reduce health disparities by providing diagnosis, treatment, referral, disease prevention and health education at no cost to the patient.

Six days a week, our fully-equipped mobile health centres bring health care to impoverished families in 13 municipal wards of Mumbai.

Hundreds of patients each day benefit from the on-site health services and free medicine. Americares India meets patients’ immediate needs, make referrals if necessary, and identify and provide ongoing treatment for chronic diseases. For most patients, these visits are the only time they will ever see a doctor.

Each fully-equipped mobile health centre is staffed with a doctor, health worker, pharmacy assistant and data associate to provide complete care onsite. Beneficiaries receive health education on various prevailing health issues including communicable diseases, anaemia, diabetes and hypertension, among others. Electronic health records for all patients are maintained to facilitate follow-up treatment and monitor the program.
Healthcare Workforce Safety

More than 5,000 health care workers have benefitted from Americares India’s comprehensive health care workforce safety program. Partnering with hospital management to ensure sustainability, our goal is to build capacity by providing a safe work environment and ensuring a healthy workforce.

Protect the Individual

Individual health workers are screened to identify their health risks and determine treatment. Testing and immunization offer protection from hepatitis and other infectious diseases. Educators conduct regular workshops and training in wards to elicit positive behaviour change.

Create a Safe Environment

We strengthen the infection prevention, control and post-exposure prophylaxis practices at each institution. Health workers receive training on safe injection practices and biomedical waste management. We assess and upgrade infrastructure to enhance the safety of the health facility.

Ensure Sustainability

By collaborating with hospital management at every stage of the workforce safety program, Americares India ensures buy-in and sustainability. The hospital signs a joint memorandum and commits to taking over the program responsibly.

In-ward awareness session for Hospital staff on safety precautions

2016-17 Highlights

2,767
No of Health Workers screened

3,400
No of HWs trained

3,000
No of Hws immunized

“LTMG Hospital serves the largest number of patients from rural and urban slums among all BMC & Government hospitals (20 lac p.a.), leading to high risk of occupational hazards among our staff. A big Thank You to Americares India for their unique intervention to ensure healthcare worker safety and patient care improvement. Great Work. Well Appreciated!”

Dr. Suleman Merchant, Dean, LTMG Hospital, Mumbai

(*Quoted on 16 August 2017)
Children come to school to learn. But too often, schools are places where children become ill. Every day, Americares brings health to over 26,000 children studying in the municipal schools of Mumbai.

**School Health Program**

Personal habits as well as the cleanliness and physical environment of a school facility can significantly affect the health and well-being of children. Americares India is developing schools as ‘change hubs’ to drive sustainable behaviour change among children and communities.

**Skill-based Health Education**

Our trained school-health facilitators engage with students during education sessions to instil positive health attitudes and practices. Lectures, demonstrations and engaging activities during assembly and classroom sessions deliver core messages.

**Health Services**

Children are tested for anaemia and provided with appropriate treatment. Students are screened for vision, hearing and oral care and, if needed, provided with specialty care and treatment. Girl students are educated and provided access to personal hygiene products. All schools are also equipped with a comprehensive first-aid kit.

**Water, Sanitation & Hygiene**

Disease spreads quickly in cramped spaces with limited ventilation, where handwashing facilities or soap are not available, and where toilets are in disrepair. Americares India focuses on renovation and maintenance of such school facilities. This ensures that children are able to implement the health practices they learn.

**Stakeholder Participation**

Americares India regularly engages with key stakeholders, including school administration, teachers, students and parents. We train and equip teachers with educational material and tools to ensure that they deliver consistent health messages to the students. Parents are sensitized about health issues and engaged in the behaviour-change process. The student council helps to drive the health messages among the children.

Health education and intervention in schools ensure long-lasting improvement in children’s health.

"Americares is creating awareness on various health & nutrition topics among students and their parents. They are also doing screening and treatment for anaemia, vision, oral health, etc. which are very beneficial. In our 11 schools, they have repaired & refurbished unhygienic toilets. All this helped increase student enrolment in our schools."

Ashok Mishra, Administrative Officer, P/North Ward, Mumbai
We support, design and implement clinic-to-community programs in areas such as maternal, new-born and child health, mental health, hypertension and diabetes.

**Community Health Program**

Our clinic-to-community model links treatment services with disease prevention and health education. Our ongoing program protecting new-born babies and women from hepatitis has reached 26,700 women across Mumbai.

**Hepatitis Prevention**

Hepatitis B virus infection is a serious clinical problem affecting 2 billion people worldwide. In India, half of the chronic hepatitis B burden results from vertical, or mother-to-child, transmission.

Our community health program focuses on prevention of vertical transmission of hepatitis B, protecting women of child bearing age and their babies. Built on the four pillars of Surveillance, Testing, Education and Protection, the program is customized to address relevant issues and concerns. A trained team of health care workers and educators works closely with the communities to ensure results.

**CASE STUDY  Protecting communities by protecting babies**

Salma Shaikh (name changed) is 26 years old. In 2015, during an ante-natal care check-up, Salma was diagnosed with Hepatitis B. However, she did not know how to protect her child from the disease.

Americares health educator Anjum identified Salma at her home and registered her to our program. Anjum gave her information about Hepatitis & Immunoglobulin and also ensured that her family was vaccinated against Hepatitis B.

After 3 years, Salma had her second baby. Both mother and child were administered Immunoglobulin soon after delivery to prevent vertical transmission. Through our timely efforts, Salma’s family is protected from Hepatitis B.

Our program aims to prevent vertical transmission of Hepatitis, thereby reducing the risk of infant mortality in communities. We’re proud to have saved Salma’s babies and many others from Hepatitis B.

"I cried the whole day when I came to know about my Hepatitis B status but with Americares support through information, investigation, patient support group and referrals, I am relieved that I can live my daily life with few precautions. Thank you for your support!"

Naveen Shekhar (name changed), Beneficiary of Community Health Program
This is the philosophy which inspired the inception of Spirit of Humanity as a recognition and reward platform for exemplary contributions made towards the society. Over the years, Spirit of Humanity has expanded its scope to become a national-level platform for collaboration, capacity building, rewards and recognition within the social sector in India. Thought leaders from corporate, government, academia, social and CSR sectors unite at Spirit of Humanity for rendering their knowledge & expertise and evaluating the social impact created by participating organizations. Now in its 8th year, the Spirit of Humanity will bring together various stakeholders for sustained engagement and cross learning.

For charity to continue, good work and recognition must go hand-in-hand.

Benefit to the participating NGOs

RECOGNITION:
- Zonal Winner
  - Certificate
- National Winner
  - Certificate
  - Trophy
  - Cash Prize of Rs. 1 Lakh

COLLABORATION:
- Interface with domain experts
- Opportunity to present program to the Jury
- Volunteering opportunities

CAPACITY BUILDING:
- Knowledge sharing
- Scope to expand programs based on best practices
- Mentoring & guidance by corporate and academia
- Cross fertilization of ideas & expertise

NETWORKING:
- Meet CSR Heads and share the organization’s work
- Partnership opportunities
- Contest for national-level recognition of your work
- PR opportunities - In House & Media coverage

Impact Sectors

2017

- Child Care
- Disability
- Education
- Health
- Livelihood
- Women Empowerment

6 Categories
300+ Nominations
50+ Jury members
23 Finalists
Our Board of Trustees

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MD & Country Director

Mr. Anirban Mitra
Senior Director, Operations

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Novartis India Limited
Reliance Life Insurance Company Limited
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State Bank of India
Sunjewels Pvt. Ltd.
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Americares Foundation Inc.
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United Way Of Mumbai

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Shobhana Rajan
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We thank our generous donors for their whole-hearted support.

* Received through Americas Foundation Inc
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  - The Hans Foundation
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  - Group-President & Global Head, Climate Strategy & Responsible Banking
  - Yes Bank Foundation
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  - National Secretary
  - Hospital Board of India
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- Babu Joseph
  - Consultant
- Divya Gupta
  - redbrickind

### Hema Ganachari
- Mumbai

### Jyoti Poojari
- Jodhpur

### Jyotsna Bhattacharya
- Mumbai

### Governmental:
- Registered as a Public Charitable Trust in India since 2006
- Registered under Section 12A of the Income Tax Act, 1961
- Recognized under Section 80G of the Income Tax Act, 1961
- Registered under Foreign Contribution Regulation Act (FCRA), with Ministry of Home Affairs [MHA]
- Licensed to purchase, sell and distribute drugs with the State Food & Drug Administration (FDA) of Maharashtra
- Complies with the waste disposal norms laid down by Maharashtra Pollution Control Board (MPCB) with regard to destruction of date expired medicines

### Professional:
- Member of Indian Drug Manufacturers Association (IDMA)
- Member of the Associated Chambers of Commerce of India (ASSOCHAM)
- Member of National Coalition of Humanitarian Agencies in India (SPHERE)
- Member of Indo American Chamber of Commerce (IACC)

### Partnerships:
- Americas is privileged to have partnered with numerous respected institutions as part of its programs and initiatives. Few of them are listed below:
  - National Disaster Management Authority (NDMA)
  - National Rural Health Mission (NRHM)
  - Municipal Corporation of Greater Mumbai (MCGM)
  - King Edward Memorial Hospital (KEM)
  - Lokmanya Tilak Municipal General Hospital (LTMG)
  - Directorate of Health Services
  - Department of Health and Family Welfare
  - Sashatra Seema Bal
  - 14 Rashtriya Rifles, Indian Army

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*Americares India is a registered trademark of Americas Inc*
**Partner With Us**

**Program Funding**
Align your CSR and our programs, let’s leverage resources and multiply its effect for a deeper social impact, while maximising every rupee invested!

**Gift-in-Kind Support**
Become our annual contributor to pre-position resources such as medicines, medical supplies, water, blankets and hygiene items.

**Employee & Payroll Giving**
Employees can either contribute a small amount each month towards our projects or fundraise innovatively through crowd funding platforms, workplace fundraisers, etc.

**Matching Grant & Marathon**
Matching your company’s grant with your employees’ payroll contribution boosts their spirit of giving and doubles the social impact. Marathons are great platforms for inculcating and promoting corporate culture and social giving.

**Cause-related Marketing (CRM)**
Meet your social responsibility objectives by exploring cause-related marketing with us.

**Event Sponsorship**
Collaborate with us for one of our existing events to raise funds and awareness for disaster relief and other ongoing programs. The annual Spirit of Humanity event provides immense scope for corporate donor visibility and recognition.

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**Touching Lives Across India**

Maps used are for general illustration only, and are not intended to be used for reference purposes. The representation of political boundaries does not necessarily reflect the position of the Government of India on international issues of recognition, sovereignty or jurisdiction.
“Health is the thing that makes you believe that now is the best time of the year.”

- Franklin Pierce Adams